

# FINAL ANNOUNCEMENT



I<sup>st</sup> Asia-Pacific Conference of Rajasthan Psychology Academy  
on  
Pursuit of Happiness: A Journey to Healthy Living  
(March, 1-2, 2016)



Organized by:

Department of Psychology  
University of Rajasthan  
Jaipur

E mail id:-[uorpsyconference2016@gmail.com](mailto:uorpsyconference2016@gmail.com)

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## **Dear Colleagues**

It gives us immense pleasure to extend you a warm welcome and invitation to participate in the Ist Asia-Pacific Conference of Rajasthan Psychology Academy on Pursuit of Happiness: A Journey to Healthy Living, being organized by Department of Psychology, University of Rajasthan, Jaipur from 1-2 March 2016. The conference aims to inquire into the different connotations of happiness in our lives, the possible ways in which it is articulated interpreted, shared and promoted. The conference would provide a forum for scientists, academicians, service providers and NGOs to discuss the importance of happiness and evaluate its relevance in promoting well being. It would also help the participants to explore the means and strategies through which happiness can be developed and experienced in their lives. Your active participation would enrich the scientific deliberations. We shall make all efforts to provide knowledge based scientific and happiness-oriented environment, to make your stay a memorable event in the city of Jaipur.

**ORGANIZING CHAIRMAN**  
**Dr. Madhu Jain**

**ORGANIZING SECRETARY**  
**Dr. Uma Mittal**

In contemporary times, happiness as a concept seems to be readily embraced by the majority of people and appears to be more valued than the pursuit of money, moral goodness or going to heaven. Aristotle spoke of happiness as the only phenomenon which is an end in itself. Each culture and age interprets the nature of happiness differently, and the art form of every era finds different ways to express and capture it. In the 21<sup>st</sup> century Seligman highlights that humans experience three kinds of happiness- Pleasure and gratification, embodiment of strength and virtues and third is meaning and purpose in life. Seligman has further talked about the PERMA model- Positive emotion, engagements, relationships, meaning and achievement which help us to maximize our efforts to reach a life full of happiness.

Tapping the importance of happiness in human behaviour and performance, many countries are now beginning to evaluate their success not purely in terms of money or gross domestic product, but in terms of the Happiness Index. They have proposed Gross Happiness Index to replace GDP as the measure of the productivity of their country. Therefore conference aims to visualize an intuitive, scientific and empirical approach for defining the concept of happiness in a broader perspective.

## **Sub Themes for the Conference:**

- Personality, Happiness and Meaning in Life
- Citizenship behaviour, Happiness and Meaning in life
- Emotional Intelligence: Unlocked Box of Happiness
- Spirituality: The Ultimate Way to Happiness
- Happiness Beyond GDP: The Gross National Happiness
- Cognitive Processes in Relation to Happiness
- Impact of Mass Media on Subjective Well-being
- Environmental Influence on Subjective Well-being
- Architectural Psychology in Relation to Happiness
- Purpose in Life: A way to Happiness
- Economy and Well-being
- Alternative Therapies and Subjective Well-being
- Positive Schooling: Aiming Happiness
- Intimate Relations and Happiness

## **University of Rajasthan**

The University of Rajasthan, an A+ accredited university, holds the distinction of being the oldest institution of higher learning in Rajasthan. It was established as University of the Rajputana on 8 of January, 1947 and recognized from the time of its inception under sections 2f and 12B of UGC. Act. The main objective of the University has been the creation and dissemination of knowledge. It caters to the aspirations for higher education of students of Rajasthan and from other parts of the country. The University is still the hub of Higher Education in Rajasthan and attracts students from all over Rajasthan and other parts of India and also from abroad. The University believes that in its journey of 69 years it has brought about a transformation in Higher Education in Rajasthan and the country at large. University of Rajasthan is dedicatedly working to effectively promote lifelong learning since decades.

## **Department of Psychology**

The Department of Psychology was established in year 1971. The faculty of the Department is highly qualified and specialized in the areas of Clinical, Vocational, Organizational, Guidance and Counseling and Social Psychology. The faculty members and researchers of the department have made significant research contribution in these fields. The faculty members are also involved in Development of Psychological Measurement Devices. The Department attracts students from Rajasthan and outside, including International students. Recently, a cooperation agreement has been signed between University of Rajasthan and Montpellier University, France under which students from Montpellier University can apply for further studies in the Department.

## Paper Submission

### Format for Abstract:

The content of the abstract should include background, objectives, methods, results and conclusions without these headlines. The title should be in CAPITAL and BOLD followed by the names of authors (with first name, then middle name followed by family name) and their institutional address with e-mail address of corresponding author. Do not append degree, professional designations etc to the names. The name of presenting author should be underlines. The abstract should be typed in single space using MS- Word (Times New Roman, Font size 12) within 250-300 words and key words up to 5. Abstract should be sent via e-mail to [uorpsyconference2016@gmail.com](mailto:uorpsyconference2016@gmail.com).

### Format for Manuscript Preparation for Proceedings:

Manuscript should be as short as possible, but no longer than 5500 words. Following format should be followed for the preparation of the manuscript. All parts of the manuscript should be typewritten, 1.5 spacing with margins of at least one inch on all sides.

**Title Page:** The title page should include the names of the authors, title of the paper, number of pages, address for correspondence, phone number and e-mail address. The title should be informative and must clearly reflect the content.

**Abstract and Key Words:** The second page of the manuscript contains the abstract in which the main points are summarized. Immediately following the abstract, keywords up to seven words (excluding words used in title) indicating the scope of the paper.

**Main Body:** Manuscript must be divided into the following: Introduction, Methodology (Objectives, Hypothesis, Sample, Tools, and Statistics), and Results & Discussions.

**References:** All references should be in APA format in alphabetical order. Prepare the references in accordance with the following example:

Journal: Diener, E. (1995). The personality structure of affect. *Journal of Personality and Social Psychology*, 69, 130-141.

Book : Dweck, C.S. (1999). *Self theories: Their role in motivation, personality, and development*. Philadelphia: Psychology Press.

Authors of the accepted paper must guarantee that at least one of the authors will present the paper.

Only registered candidates will be permitted to submit the full paper.

Selected papers will be published in Indian Journal of Psychology.

## IMPORTANT DEADLINES

- Submission of Abstract: 5th Feb 2016
- Submission of Full Paper with soft copy: 15 Feb, 2016

### Registration Fees

	Upto 5 <sup>th</sup> Feb.2016	Upto 20 <sup>th</sup> Feb.2016	On the Spot Registration
Faculty/Professionals	2500/-	3000/-	3500/-
Research Scholars	2000/-	2500/-	3000/-
Students/-	1500/-	2000/-	2500/-

Accompanying person- 2000/-

International Delegates \$125

Accompanying Person International \$75

**Note:** - Payments can be made through demand draft/ RTGS/ NEFT

- Demand Draft: In favour of APCPH-2016 payable at Jaipur.
- UCO Bank A/C No. 20270110044285
- IFSC Code: UCBA0002027
- MICR Code : 302028019

### Accommodation

Registered participants will be provided boarding at guest house and hostels on sharing basis, on first come first serve basis. Those who would like to get hotel accommodation may contact hotels directly. Breakfast, Lunch and dinner and registration kit will be covered in the registration fee.

Accommodation will be available from 29 Feb to 3<sup>rd</sup> March 2016.

### Organizing Committee

CHIEF PATRON

**Shri J.P. Singhal**

**Vice Chancellor**

**University of Rajasthan**

PATRON

**Prof. AVS Madnawat - Head department of psychology**

**Prof. Manika Mohan**

ORGANIZING CHAIRMAN

**Dr.Madhu Jain**

ORGANIZING SECRETARY

**Dr. Uma Mittal**

CO ORGANIZING SECRETARY

**Dr.PrernaPuri**

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Academy on  
Pursuit of Happiness: A Journey to Healthy Living**

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Department of Psychology  
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**March, 1-2, 2016**

**REGISTRATION FORM**

Name (Capital Letters).....  
Gender: Male/Female Date of Birth: ..... Age: .....  
Affiliating Institution: .....  
Mailing Address: .....  
.....  
.....  
City: ..... State: ..... Pin Code: .....  
Email ID: .....  
Mobile no.: .....  
Presenting Paper: YES / NO  
Title of the Paper: .....  
.....  
No.of Accompanying Persons: .....  
Accommodation required: YES / NO  
Date and Time of Arrival: .....  
Date and Time of Departure: .....  
Registration Fee Payment Details: .....

DATE:

SIGNATURE